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Press Release

Workshop looks at 'Infinite Sea of Possibility'

Vernon Morning Star

Published: March 04, 2010 6:00 PM

Chris Madsen believes all people want to experience better lives, and has created a workshop to explore ways of making this happen.

"Imagine people becoming empowered and free to have amazing lives far beyond what is happening right now," said Madsen, a local musician.

The Infinite Sea of Possibility Workshop is designed to bring clarity regarding solutions to struggles and challenges in life. "That's what the workshop is about. It's about practical ways to change our lives through things like changing our thoughts and tapping into creative potentials," said Madsen. "I am passionate about helping others get past current challenges and live full lives."

Madsen said everyone experiences struggles and challenges, which can reduce the quality of life and create struggles and discomfort. "The quality of life collectively is seriously compromised by the degree we limit the potentials awaiting us."

He said the workshop is about looking at practical solutions to limiting beliefs and the challenges people face. "There are tools and empowering ways to make struggles opportunities. Challenges in life can be the stepping stones to amazingly beautiful outcomes.

"We are not limited by circumstances or what is the apparent reality in any given moment. The workshop is an exploration of useful ways to make each moment of life fulfilling and each experience an opportunity. It is based on the philosophy that thoughts become things and that we are only limited by our perception of what can be."

The Infinite Sea of Possibility Workshop is at The Centre For Spiritual Living March 27 from 10 a.m. to 4:30 p.m. The cost is \$49, and includes CDs and materials. To register, contact Madsen at 250-558-1960 or e-mail [chris@chrismadsen.com](mailto:chris@chrismadsen.com).